BISMILLAH

Ramadan Planner

MAYTHISBEOURBEST
RAMADAN

It was narrated that Abu Hurairah

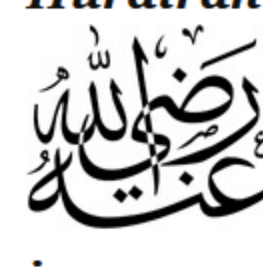


said:

"The Messenger of Allah (ﷺ) said: 'There has come to you

Ramadan, a blessed month, which Allah, the Mighty and Sublime, has enjoined you to fast. In it the gates of heavens are opened and the gates of Hell are closed, and every devil is chained up. In it Allah has a night which is better

than a thousand months; whoever is deprived of its goodness is indeed deprived."
[Sunan an-Nasa'i] Narrated Abu Hurairah



:
Allah's Messenger (ﷺ) said, "Allah said, 'All the deeds of Adam's sons (people) are for them, except fasting which is for Me, and I will give the reward for it.'

There are two pleasures for the fasting person, one at the time of breaking his fast, and the other at the time when he will meet his Lord; then he will be pleased because of his fasting."
[Al Bukhari]

RAMADAN AGENDA

Prayer Tracker (Sunnah)

Aishah
رضي الله عنها
narrated that Allah's Messenger (ﷺ) said:"Whoever is regular with twelve Rak'ah of Sunnah (prayer), Allah will build a house for him in Paradise: **Four Rak'ah before Zuhr, two Rak'ah after it, two Rak'ah after Maghrib, two Rak'ah**

after Isha', and two Rak'ah before Fajr." [Tirmidhi]

Narrated 'Ali رضي الله عنه :That the Prophet (ﷺ) used to pray **two rak'ahs before the 'Asr prayer**. [Abu Dawood]

Prayer Tracker (Taraweeh)

He who observes optional prayer (Taraweeh prayers) throughout Ramadan, out of sincerity of faith and in the hope of earning reward, will have his past sins pardoned. [Al Bukhari]

Qur'an Tracker

Schedule various acts of worship around prayer times example: **recite 2 pages of Al Qur'an, before and after each fardh prayer = 1 juz a day**.

Daily Checklist

For **morning** and **evening adhkar**, you may refer to the Hisnul Muslim book, Daily Adhkar by Ummah Welfare Trust or other books/online references that refer to Al Qur'an and Sunnah.

Pre Ramadan Checklist

Read books/articles or listen to lectures to prepare for Ramadan.

Prepare list of Du'a.

Set goals for worship - prayers, recitation of Qur'an, dhikr.

Set aside money to be given for daily charity and ideally list for whom.

Cut bad habits.

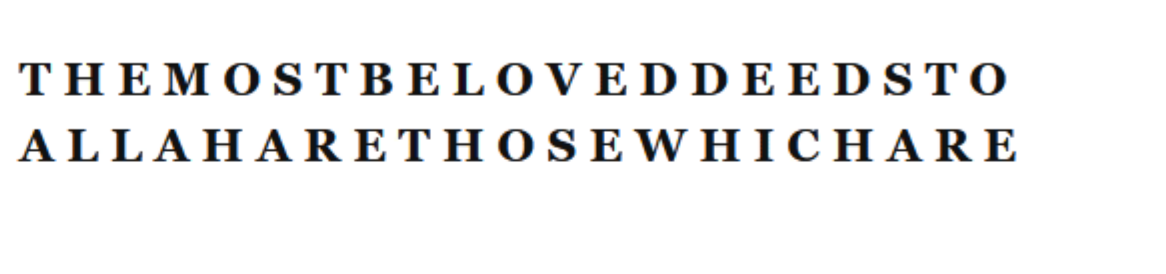
Go on a "Technology diet". Focus on Al Qur'an and Sunnah. Reduce distractions and unnecessary access to social media.

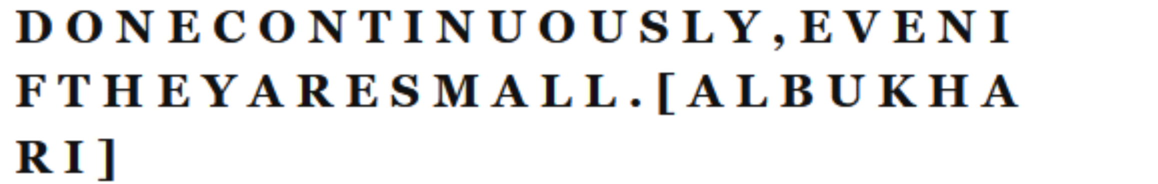
Clean your house.

Prepare daily menu for Ramadan. Be moderate.

Buy groceries. Complete Eid Fitri shopping prior to Ramadan.

LET'S START PLANNING!


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ALLAHARETHOSEWHICHARE



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FTHEYARESMALL.[ALBUKHA
RI]

Sunnah & Du'a for Ramadan

Break fast with dates or water

"When any one of you breaks his fast, let him break it with dates. If he cannot find dates, then let him break it with water, for it is a means of purification." [Sunan Ibn Majah]

Hasten breaking of fast

"The people will remain upon goodness so long as they hasten to break the fast. Hasten to break the fast, for the Jews delay it." [Sunan Ibn Majah]

Du'a when breaking fast

هللا ءاَشْ نِإ ُرْجَلأا َتَبَثَو ، ُقوُرُعلا ِتَّلَتْباَو ، ُأَمَّظلا َبَهَذ

“The thirst is gone, the veins are moistened, and the reward is established–if Allah wills.” [Abu Dawood]

In seeking Laylat ul-Qadr

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

"Allah, you are the Forgiving and love to forgive, so forgive me." [Tirmidhi]

It is recommended to recite this du'a regularly, particularly (but not only) in the last ten days of Ramadan – by day and night.

DAY | MONTH | DATE

(Example: Friday | April | 24)

Whoever seeks forgiveness for every male and female believer, Allah will record a good deed for him for every male and female believer. [Tabarani]

Deed of the Day

Purify our intentions to perform our fast and good deeds for the sake of Allah and take a minute or two today to seek Allah's forgiveness for all the believers.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
TARAWEEH WITR
TAHAJJUD DUHA

Qur'an Daily Tracker Checklist

Morning Adhkar
Evening Adhkar
Verse(s) Istighfar at least 70 times
Syukr: Say Alhamdulillah
Give Charity
Surah(s) Random Act of Kindness
(examples on page 41)
Recite Al Qur'an & Tadabbur
Deed of the Day
Juz(s)
Adhkar before Sleep
(refer to page 42 - 43)

Du'a of the Day

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

Our Lord, Forgive me, and my parents, and the believers on the Day of Accounting.

[Ibrahim, 14:41]

Whoever recites a letter from the Book of Allah, he will receive one good deed as ten good deeds like it. I do not say that Alif Lam Meem is one letter, but rather Alif is a letter, Lam is a letter, and Meem is a letter. [Tirmidhi]

Deed of the Day

Recite **SubhanAllah 33x**, **Alhamdulillah 33x**, **Allahu Akbar** 33x and completes the hundred with **Laa ilaaha ill-Allah wahdahu laa shareeka lahu, lahu'l-mulku wa lahu'l-hamd wa huwa 'ala kulli shay'in qadeer** after every salah - sins will be forgiven even if they are like the foam of the sea. [Muslim]

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
TARAWEEH WITR
TAHAJJUD DUHA

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Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur
Deed of the Day
Juz(s) Adhkar before Sleep

Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْجُبْنِ، وَأَعُوذُ بِكَ أَنْ أُرَدَّ إِلَى أَرْذَلِ الْعُمُرِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ
وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الدُّنْيَا،

O Allah! I seek refuge in You from cowardice. O Allah, I seek refuge in You from being brought back to a bad stage of the age, I seek refuge in You from trials of this world and from the torment of the grave. [Al Bukhari]

Verse of the Day

DAY | MONTH | DATE

If you loan Allah a goodly loan, He will multiply it for you and forgive you. And Allah is [most] Appreciative and Forebearing.
[At-Taghabun, 64:17]

Deed of the Day

Donate, even a little, for the construction of a mosque, school or any charitable cause.

You can also donate your energy in cleaning your house, mosque, old folks home or orphanage.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
TARAWEEH WITR

TAHAJJUD DUHA

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Deed of the Day
Juz(s) Adhkar before Sleep

Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ وَمِنْ عَذَابِ الْقَبْرِ وَمِنْ فِتْنَةِ الْمَسِيحِ الدَّجَّالِ وَمِنْ شَرِّ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ

O Allah! I seek refuge in you from the torment of hell, from the torment of the grave, from the trial of life and death and from the evil of the trial of Masih al-Dajjal. [Muslim]

He who supplicates for his brother behind his back (in his absence), the Angel commissioned (for carrying

supplication to his Lord) says: Amen, and it is for you also. [Muslim]

Deed of the Day

Purify your heart and make du'a for blessings and goodness for those you love and those who have hurt you.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
TARAWEEH WITR
TAHAJJUD DUHA

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Deed of the Day
Juz(s) Adhkar before Sleep

Du'a of the Day

يِتَّجُحْتِّبَثَو يِتَوْعَدْبِجَأَو يِتَبْوَحْلِسْغاَو يِتَبْوَتْلَّبَقَتّبَر يِبْلَقَةَمِيخَسْلُلْساَو يِناَسِل
ْدِّدَسَو يِبْلَقِدْهاَو

My Lord, accept my repentance, wash away my sin, answer my supplication, clearly establish my evidence, guide my heart, make true my tongue and draw out malice in my breast. [Abu Dawood]

There is no servant who fasts a day in the way of Allah except that Allah will distance his face from the Hellfire by a length of seventy years of travel. [Muslim]

Deed of the Day

Provide or prepare a drink/food for those who are fasting or anyone who is in need of food.

“Guard yourself from the Hellfire, even with half of a date in charity." [Muslim]

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

ISYA' SUNNAH

TARAWEEH WITR

TAHAJJUD DUHA

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Give Charity

Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Juz(s) Adhkar before Sleep

Du'a of the Day

يّنِمٍلْوَحِرْيَغْنِمِهِيْنَقَزَرَوَمَاعَطّلا اَذَه يِنَمَعْطَأ يِذّلا ِهّلِلُدْمَحْلا ةّوُقَلاَو

All praise is due to Allah who has given me food to eat and provided it without any endeavour on my part or any power.

[Tirmidhi]

Whoever eats food and say (the above) at the end, all his past sins will be forgiven. [Tirmidhi]

The best of you is the one who has the best character.

[Al Bukhari]

Deed of the Day

Treat your parents/ spouse/ children/ siblings with gentleness and kindness. Help them with anything they need.

Make du'a to Allah for them to be forgiven, granted mercy and Jannatul Firdaus.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

ISYA' SUNNAH

TARAWEEH WITR

TAHAJJUD DUHA

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Deed of the Day

Juz(s) Adhkar before Sleep

Du'a of the Day

اللَّهُمَّ اهْدِنِي لأَحْسَنِ الأَعْمَالِ وَأَحْسَنِ الأَخْلاَقِ لاَ يَهْدِي لأَحْسَنِهَا إِلاَّ أَنْتَ وَقِنِي سَيِّئَ الأَعْمَالِ وَسَيِّئَ الأَخْلاَقِ لاَ يَقِي سَيِّئَهَا إِلاَّ أَنْتَ

O Allah, guide me to the best of deeds and the best of manners, for none can guide to the best of them but You. And protect me from bad deeds and bad manners, for none can protect against them but You. [An-Nasa'i]

The most beloved people to Allah are those who are most
beneficial to the people.
[Ahmad]

Deed of the Day

Share information or video on Islam, Al Quran and sunnah that will be beneficial in the Dunya and Akhirah. Share "Du'a of the Day'" with someone.

Prayer

Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

ISYA' SUNNAH

TARAWEEH WITR

TAHAJJUD DUHA

Qur'an Daily

Tracker Checklist

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Give Charity

Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Juz(s) Adhkar before Sleep

Du'a of the Day

نَأوَ يَّدِلاَوَ ىٰلَعَوَ يَّلَعَ تَمْعَنْأَ يِتَّلا كَتَمْعِن رَكُشْأَ نْأَ يِنْعِزْوَأَ بِّرَ نَيِحِلاَّصلا كِدابَعِ يِف
كَتِمْحَرَبِ يِنْلِخْدَأَوْ هُاضَرْتَ اًحِلاَصَ لَمْعَأَ

O my Lord! Inspire and bestow upon me the power and ability that I may be grateful for Your favours which You have bestowed on me and on my parents, and that I may do good deeds (righteous) that will please You, and admit me by Your mercy among Your righteous servants. [An Naml, 27:19]

The closest of people to me (Prophet ﷺ) on the Day of Judgement will be those who send the most salah (blessings) to me.

[Tirmidhi]

Deed of the Day

Recite salawat (blessings) for Prophet (ﷺ) as many times as possible and try to incorporate this in your daily routine.

The Prophet (ﷺ) said: "Whoever sends salah (blessings) upon me once, Allah (SWT) will send salah upon him tenfold." [An Nasa'i].

Prayer

Tracker

FAJR SUNNAH

DHUHR SUNNAH
'ASR SUNNAH
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Juz(s) Adhkar before Sleep **Du'a of the Day**

لْبَقَتو انَّبر يِتَّيِّرُذ نِموةَلاَّصلا َميِقُم يِنْلَعْجا ِّبَر ءاَعُد

O Lord, make me steadfast in prayer, and (also) some of my offspring. O our Lord, accept my prayer. (Ibrahim, 14: 40)

Harithah bin Wahb narrated that the Messenger of Allah (ﷺ) said:“Shall I not tell you about the people of Paradise? Every weak and oppressed one. Shall I not tell you about the people of Hell? Every harsh, haughty and arrogant one.” [Ibn Majah]

Deed of the Day

Say Salam to someone and speak softly and with humility.
Avoid back-biting or saying harsh words to anyone.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

Qur'an Tracker

Verse(s)

ISYA' SUNNAH

Surah(s)

TARAWEEH WITR

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DUHA

Juz(s)

Daily Checklist

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Syukr: Say Alhamdulillah
Give Charity
Random Act of Kindness Recite Al Qur'an & Tadabbur
Deed of the Day

Adhkar before Sleep **Du'a of the Day**

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ مُنْكَرَاتِ الأَخْلاقِ وَالأَعْمَالِ وَالأَهْوَاءِ

O Allah, I seek refuge in You from evil character, evil actions, and evil desires. [At-Tirmidhi

He who has done a wrong affecting his brother's honour or anything else, let him ask his forgiveness today before the time (i.e., the Day of Resurrection) when he will have neither a dinar nor a dirham. If he has done some good deeds, a portion equal to his wrong doings will be subtracted from them; but if he has no good deeds, he will be burdened with the evil deeds of the one he had wronged in the same proportion. [Al Bukhari]

Deed of the Day

Seek forgiveness from those you have done wrong.

If you are unable to, give in charity on their behalf and make doa for them.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

Qur'an Tracker

Verse(s)

ISYA' SUNNAH

Surah(s)

TARAWEEH WITR

TAHAJJUD

DUHA

Juz(s)

Daily Checklist

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Syukr: Say Alhamdulillah
Give Charity
Random Act of Kindness Recite Al Qur'an & Tadabbur
Deed of the Day

Adhkar before Sleep **Du'a of the Day**

قْدِص َجَرْخُم يِنْجِرْخَأَو قٍدِصَلَخْدُم يِنْلِخْدَأ ًبٌر أَرِيصٌن أًنَاطْلُس َكنُدٌّل نِم
يِّل لَعْجاَو

O Lord, cause me to enter a goodly entrance and cause me to exit a goodly exit, and grant me from Yourself a supporting authority.
[Sura al-‘Isra’, 17: 80]

The Messenger of Allah, peace and blessings be upon him, said, “Our Lord descends to the lowest heaven in the last third of every

night, and He says: Who is calling upon me that I may answer him? Who is asking from Me that I may give him? Who is seeking My

forgiveness that I may forgive him?"
[Muslim]

This world is a prison for the believer and a paradise for the disbeliever. [Sunan Ibn Majah]

Deed of the Day Recite 100 times:

هْيَلِإ ُبْوُتَأَو َهللْاِرُفْغَتْسَأ

I seek forgiveness from Allah and repent towards Him.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
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ISYA' SUNNAH
TARAWEEH WITR
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Deed of the Day

Juz(s) Adhkar before Sleep **Du'a of the Day**

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ جَهْدِ الْبَلَاءِ ، وَدَرَكِ الشَّقَاءِ ، وَشَمَاتَةِ الْأَعْدَاءِ ،
وَسُوءِ الْقَضَاءِ

O Allah! Indeed I seek refuge in You from severe trials and hardships, being overtaken by misfortune, a bad fate and the rejoicing of enemies. [Bukhari, Muslim]

Keep your rows straight for your rows resemble those of the angels. Join the shoulders and fill the

gaps between

yourselves, be gentle and soft in your brother's hands and do not leave the gaps for syaitan.

He who connects a row, Allah will connect him (with His mercy). [Musnad Ahmad]

Deed of the Day

Pray in congregation.

Straighten your rows and be gentle with your brothers / sisters when straightening the rows.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

ISYA' SUNNAH

TARAWEEH WITR

TAHAJJUD DUHA

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Give Charity

Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Juz(s) Adhkar before Sleep **Du'a of the Day**

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ

My Lord! Forgive and have mercy, for You are the best of those who show mercy. [Al-Mu'minun, 23:118]

He who observed the 'Isha' prayer in congregation, it was as if he prayed up to midnight, and he who prayed the morning prayer in congregation, it was as if he prayed the whole night. [Muslim]

Deed of the Day

Perform Fajr and Isha' prayers in congregation, preferably at the mosque.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

Qur'an Tracker

Verse(s)

ISYA' SUNNAH

Surah(s)

TARAWEEH WITR

TAHAJJUD

DUHA

Juz(s)

Daily Checklist

Morning Adhkar

Evening Adhkar

Istighfar at least 70 times

Syukr: Say Alhamdulillah

Give Charity

Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Adhkar before Sleep **Du'a of the Day**

اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ، وَشُكْرِكَ، وَحُسْنِ عِبَادَتِكَ

O Allah, help me remember You, to be grateful to You, and to worship You in an excellent manner. [Abu Dawood]

Verse of the Day

DAY | MONTH | DATE

And (remember) when your Lord proclaimed, "If you are grateful, I will surely increase you (in favor), but if you deny, indeed, My punishment is severe."
[Ibrahim, 14:7]

Deed of the Day

Reflect on everything you have been blessed with and thank Allah for the blessings.

Say **Alhamdulillah** with your tongue and use the wealth/knowledge /energy in a manner that is pleasing to Allah.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

Qur'an Tracker

Verse(s)

ISYA' SUNNAH

Surah(s)

TARAWEEH WITR

TAHAJJUD

DUHA

Juz(s)

Daily Checklist

Morning Adhkar
Evening Adhkar
Istighfar at least 70 times
Syukr: Say Alhamdulillah
Give Charity
Random Act of Kindness Recite Al Qur'an &

Tadabbur
Deed of the Day
Adhkar before Sleep **Du'a of the Day**

اَنِقوَ ةًنَسَحِ ةَرِخلاَا يِفوَ ةًنَسَح اَيْنُدلا يِف اَنِتآ اَنَّبَر
راَنُلا باَذَع

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire. [Al Baqarah, 2:201]

Whoever takes a path upon which to obtain knowledge, Allah makes the path to Paradise easy for him. [Tirmidhi]

Deed of the Day

Read the tafsir of some ayah of the Al Qur'an and tadabbur (ponder) over the meaning.
Share any lessons learnt with a family member or friend.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
TARAWEEH WITR
TAHAJJUD DUHA

Qur'an Daily Tracker Checklist

Morning Adhkar
Evening Adhkar
Verse(s) Istighfar at least 70 times
Syukr: Say Alhamdulillah
Give Charity
Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur
Deed of the Day
Juz(s) Adhkar before Sleep **Du'a of the Day**

اًمْلِع يِنْدِز ِّبَر

O'My Lord! Increase me in knowledge. [Ta-Ha, 20:114]

The servant is closest to his Lord during prostration, so increase your supplications therein.

[Muslim]

Deed of the Day

Prepare for prayer early, focus on taking wudhu' properly and pray as if Allah is in front of you.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

ISYA' SUNNAH

TARAWEEH WITR

TAHAJJUD DUHA

Qur'an Daily Tracker Checklist

Morning Adhkar

Evening Adhkar

Verse(s) Istighfar at least 70 times

Syukr: Say Alhamdulillah

Give Charity

Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Juz(s) Adhkar before Sleep

Du'a of the Day

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الأَرْبَعِ مِنْ عِلْمٍ لاَ يَنْفَعُ وَمِنْ قَلْبٍ لاَ يَخْشَعُ وَمِنْ نَفْسٍ لاَ تَشْبَعُ وَمِنْ دُعَاءٍ لاَ يُسْمَعُ

O Allah, I seek refuge in Thee from four things: Knowledge which does not profit, a heart which is not submissive, a soul which has an insatiable appetite, and a supplication which is not heard.

[Abu Dawood]

Every day two angels come down from Heaven and one of them says, 'O Allah! Compensate every person who spends in Your Cause,' and the other (angel) says, 'O Allah! Destroy every miser.

[Al Bukhari]

Deed of the Day

Prepare or arrange for some food or drinks to be provided to those breaking their fast or in need, even if it is a glass of water.

Prayer

Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

ISYA' SUNNAH

TARAWEEH WITR

TAHAJJUD DUHA

Qur'an Daily

Tracker Checklist

Morning Adhkar

Evening Adhkar

Verse(s) Istighfar at least 70 times

Syukr: Say Alhamdulillah

Give Charity

Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Juz(s) Adhkar before Sleep **Du'a of the Day**

لاَمَعو ,أَبِّيَط اًقْزِرو ,أعِفاَن ا ًمْلِع َكُلَأْسأ يِّنِإ ُمهَّللا لَّبَقَتُم

O Allah! I ask You for knowledge that is of benefit, a good provision and deeds that will be accepted.

[Sunan Ibn Majah]

When carried to his grave, a dead person is followed by three, two of which return (after his burial) and one remains with him: his relative, his property, and his deeds follow him; relatives and his property go

back while his deeds remain with him." [Al Bukhari]

Deed of the Day

Share the du'a below with a family member or friend and encourage them to recite it everyday.

"Whoever teaches some knowledge will have the reward of the one who acts upon it, without that detracting from his reward in the slightest."
[Sunan Ibn Majah]

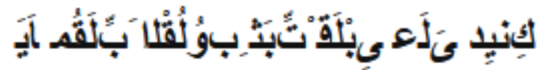
Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
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Deed of the Day
Juz(s) Adhkar before Sleep

Du'a of the Day



O Turner of hearts, keep my heart steadfast on Your deen. [Tirmidhi]

Whoever does not give up forged speech and evil actions, Allah is not in need of his leaving his food and drink (i.e. Allah will not accept his fasting.)
[Al Bukhari]

Deed of the Day

Avoid ill speech - verbally or through texts.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
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Deed of the Day
Juz(s) Adhkar before Sleep **Du'a of the Day**

نَنوُكَنَل اَنْمَحْرَتَو اَنَلْرِفْغَتْ مَّلْ نِاَو اَنَسُفنَاَ اَنْمَلَظ اَنَّبَر نَيِرساَخْلا نَم

Our Lord! We have wronged ourselves, and if You do not forgive us and not have mercy on us, we shall most surely be among the losers. [Al A'raf, 7:23]

Excellence of Lailat-ul Qadr

"Indeed, We sent it [i.e., the Qur'an] down during the Night of
Decree. And what can make you know what is the Night of Decree? The Night of Decree is better than a thousand months. The angels and the Spirit [i.e., Gabriel] descend therein by permission of their Lord for every matter. Peace it
is until emergence of dawn.
[Al Qadr 1 - 5]

Narrated Abu Hurairah

 :

Allah's Messenger (ﷺ) said, "Whoever establishes the prayers
on the night of Qadr out of sincere faith and hoping to attain
Allah's rewards (not to show off) then all his past sins will be
forgiven." [Al Bukhari]

'Aishah

 reported:

I asked: "O Messenger of Allah! If I realize Lailat-ul-Qadr (Night of Decree), what should I supplicate in it?" He (

replied, "You should supplicate:ﷺ)

يِّنَعُ فْعاَفوْفَعْلا ّبِحُتّوُفَع َكّنِإ ّمُهَّللا

O Allah, You are Forgiving and love forgiveness, so forgive me.

When the last ten days of Ramadan began, the Prophet (ﷺ) used to stay up at night, tighten his waist-wrap, and wake up his family (to pray).
[Sunan Ibn Majah]

Deed of the Day

Invite your loved ones to join you for Qiyam, recitation of Al Qur'an, du'a and adhkar.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
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Qur'an Daily

When the last ten days of Ramadan began, the Prophet (ﷺ) used to stay up at night, tighten his waist-wrap, and wake up his family (to pray).
[Sunan Ibn Majah]

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Prayer

Tracker

FAJR SUNNAH
DHUHR SUNNAH
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MAGHRIB SUNNAH
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Deed of the Day
Juz(s) Adhkar before Sleep **Du'a of the Day**

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

O Allah, You are Forgiving and love forgiveness, so forgive me. [Sunan Ibn Majah]

Whoever established prayers on the night of Qadr out of sincere faith and hoping for a reward from Allah, then all his previous sins will be forgiven; and whoever fasts in the month of Ramadan out of sincere faith, and hoping for a reward from Allah, then all his previous sins will be forgiven. [Al Bukhari]

Deed of the Day

Recite Surah Al Mulk before you sleep.

"There is a Surah in the Qur'an which contains thirty Ayat which kept interceding for a man until his sins are forgiven. This Surah is 'Blessed is He in Whose Hand is the dominion." (Surah Al-Mulk). [Abu Dawud]

Prayer Tracker

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MAGHRIB SUNNAH
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Qur'an Daily Tracker Checklist

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Evening Adhkar
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Give Charity

Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Juz(s) Adhkar before Sleep

Du'a of the Day

يِنْقِحْلَأَو اًمِلْسُم يِنَّفَوَت ِةَرِخلآاَو اَيْنُّدلا يِف يِّيِلَو َتْنَأ ِضْرَلأاَو ِتاَواَمَّسلا َرِطاَف َنيِحِلاَّصلاِب

Creator of the heavens and earth, You are my protector in this world and in the Hereafter. Cause me to die a Muslim and join me with the righteous. [Yusuf 12:101]

The best among you (Muslims) are those who learn the Qur'an and teach it.

[Al Bukhari]

Deed of the Day

Learn the meaning of Surah Al Falaq and teach or share it with someone.

Recite Surah Al Falaq everyday for protection.

Prayer

Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

ISYA' SUNNAH

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Give Charity

Surah(s) Random Act of Kindness Recite Al Qur'an & Tadabbur

Deed of the Day

Juz(s) Adhkar before Sleep

Surah Al Falaq ميحرلا نمحرلا هللا مسب

رش نمو بقو اذإ قساغ رش نمو قلخ ام رش نم قلفلا بربذوعأ لق دسح اذإ دساح رش نمو دقعلا

يف تاثافنلا

I seek refuge with (Allah), the Lord of the daybreak. From the evil of what He has created. And from the evil of the darkening (night) as it comes with its darkness. And from the evil of those who practise witchcraft when they blow in the knots, And from the evil of the envier when he envies.

Verse of the Day

DAY | MONTH | DATE

“And when My servants ask you, [O Muhammad, concerning Me - indeed

I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided.” [Al Baqarah 2:186]

Deed of the Day

Make du'a using Allah's names.
Example:

بر هللاالإ هلإال ميلحلا ميظعلا هللاالإ هلإال بر تاومسلا بروهللاالإ هلإال ميظعلا شرعلا ميركلا شرعلا برو

ضرلأا

There is no god but Allah, the Great, the Tolerant, there is no god but Allah, the Lord of the Magnificent Throne There is no god but Allah, the Lord of the Heaven and the earth, the Lord of the Edifying Throne.

Prayer Tracker

FAJR SUNNAH

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'ASR SUNNAH

MAGHRIB SUNNAH

Qur'an Tracker

Verse(s)

ISYA' SUNNAH

Surah(s)

TARAWEEH WITR

TAHAJJUD

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Juz(s)

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Tadabbur
Deed of the Day
Adhkar before Sleep **Du'a of the Day**

رَبِّ اغْفِرْ لِي وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الْغَفُورُ

O my Lord, forgive me, and accept my repentance. Verily, You are the OftReturning, the Most Forgiving. [Tirmidhi]

The reward of the congregational prayer is twenty seven times greater (than that of the prayer offered by a person alone). [Al Bukhari]

Deed of the Day

Pray your fardh prayers in congregation, preferably at the mosque.

Prayer Tracker

FAJR SUNNAH
DHUHR SUNNAH
'ASR SUNNAH
MAGHRIB SUNNAH
ISYA' SUNNAH
TARAWEEH WITR
TAHAJJUD DUHA

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Deed of the Day

Juz(s) Adhkar before Sleep

Du'a of the Day

وَالنَّجَاةَ مِنَ النَّارِ اللَّهُمَّ إِنِّي أَسْأَلُكَ مُوجِبَاتِ رَحْمَتِكَ، وَعَزَائِمَ مَغْفِرَتِكَ، وَالسَّلَامَةَ مِنَ
كُلِّ إِثْمٍ، وَالْغَنِيمَةَ مِنْ كُلِّ بِرٍّ، وَالْفَوْزَ بِالْجَنَّةِ،

O Allah! I beg You for that which incites Your mercy and the means of Your forgiveness, safety from every sin, the benefit from every good deed, success in attaining Jannah and safety from the Fire. [Al Hakim]

The person who severs the bond of kinship will not enter Jannah. [Al Bukhari]

Deed of the Day

Visit your parents, siblings or relatives. If this is not possible, give them a call or send them a message.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

Qur'an Tracker

Verse(s)

ISYA' SUNNAH

Surah(s)

TARAWEEH WITR

TAHAJJUD

DUHA

Juz(s)

Daily Checklist

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Evening Adhkar

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Random Act of Kindness Recite Al Qur'an &

Tadabbur
Deed of the Day
Adhkar before Sleep **Du'a of the Day**

لُبُس اَنِدْهاَو ،اَنِنْيَب تاَذ ْحِلْصَأو اَنِبوُلُق َنْيَب ْفِّلَأ ُمَّهّللا ِرْوُّنلا ىَلِإ ِتاَمُلُّظلا
َنِم اَنِّجَنو ،ِمَلاَّسلا

O Allah, join our hearts, reform our matters within us, guide us to the path of peace, bring us from darkness to light.

[Abu Dawood]

Whoever loves the meeting with Allah, Allah too, loves the meeting with him; and whoever hates the meeting with Allah, Allah too, hates the meeting with him.

[Al Bukhari]

Deed of the Day

Seek forgiveness from Allah and make a list of bad habits that you would like to stop from now onwards or after Ramadan ends.

Prayer Tracker

FAJR SUNNAH
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Deed of the Day

Juz(s) Adhkar before Sleep **Du'a of the Day**

اَللّٰهُمَّ إِنِّيْ أَعُوْذُ بِكَ أَنْ أُشْرِكَ بِكَ وَأَنَا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

O Allah! I seek refuge in you lest I associate anything with you while I know it, and I seek your forgiveness for what I do not know. [Adab Al Mufrad]

He who recites سُبْحَانَ اللّٰهِ وَبِحَمْدِهِ

in the morning and evening 100 times, will not be surpassed on the Day of Judgement by anyone with better deeds except the one who says the same words or more. [Muslim]

Deed of the Day Recite 100 times:

سُبْحَانَ اللّٰهِ وَبِحَمْدِهِ

Allah is free from imperfection, and all praise is due to Him.

Prayer Tracker

FAJR SUNNAH

DHUHR SUNNAH

'ASR SUNNAH

MAGHRIB SUNNAH

Qur'an Tracker

Verse(s)

ISYA' SUNNAH

Surah(s)

TARAWEEH WITR

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Juz(s)

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Evening Adhkar

Istighfar at least 70 times

Syukr: Say Alhamdulillah

Give Charity

Random Act of Kindness Recite Al Qur'an &

Tadabbur
Deed of the Day
Adhkar before Sleep **Du'a of the Day**

باذع انِقوَةًنَسحَِةرِخلآا يفِوَةًنَسحَ ايَنْدُلا يفِ انَتِآ انَّبَر
رانلا

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire. [Al-Baqarah, 2:201]

Verily, when the slave (of Allah)
commits a sin, a black spot appears on his heart. When he refrains from it, seeks forgiveness
and repents, his
heart is polished clean.
[Tirmidhi]

Deed of the Day

1. Stop the wrong that you are doing.
2.Ask Allah for forgiveness
3.Repent - regret and intend to never do it again.

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Juz(s) Adhkar before Sleep

Du'a of the Day

حِلْصَأَ نْيَعَ ةَفْرَط يِسْفَن ىَلِإ يِنْلِكَت َلاَف وُجْرَأ َكَتَمْحَر َمُهّٰللا تْنَأ َّلاِإ َهٰلِإ َلا ُهَّلُك يِنْأَش يِل

O Allah I hope for Your Mercy, do not entrust me to my own self even for the blink of an eye, correct for me all my matters, there is none worthy of worship except You. [Ahmad, Abu Dawood]

He whose last words are

Deed of the Day Recite 100 times:

ُهّٰللا َّلاِإ َهٰلِإ َلا

will enter Paradise. [Abu Dawood]

ُهّٰللاَّلاِإ َهٰلِإَلا

There is no god but Allah.

Prayer Tracker

FAJR SUNNAH

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Deed of the Day

Juz(s) Adhkar before Sleep **Du'a of the Day**

ًةَمْحَر َكْنُدَل نِم اَنَل ْبَهَو اَنَتْيَدَه ْذِإ َدْعَب اَنَبوُلُق ْغِزُت َلا اَنَّبَر ُباَّهَوْلا َتنَأ َكَّنِإ

Our Lord! Let not our hearts deviate after You have guided us, and grant us mercy from You. Truly, You are the One

Who Bestows. [Al-Imran, 3:8]

Whoever observes the fast of Ramadan and follows it up with six fasts in Shawwal will be rewarded as if he has fasted the entire year. [Muslim]

Deed of the Day

Pay Fitr charity (zakah).

"Whoever distributes Fitr Charity before Eid prayer, it will be accepted as Fitr charity. Whoever distributes it after Eid prayer, his Fitr charity will be similar to ordinary charity." [Ahmad, Ibn Majah]

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Du'a of the Day بِرْغَمْلاَو قِرْشَمْلا نَيْبَ تْدَعاَب اَمَكَى اَياَطَخ نَيْبَو يِنْيَبْدِعاَبَ مُهَّللا سَنَّدلا نَمِ ضَيْبَلأا ُبْوَّثلا ىَّقَنُي اَمَكَى اَياَطَخ نِم يِنَّقَن مُهَّللا دَرَبْلاَو ءِاَمْلاَو جْلَّثلاِب ى اَياَطَخ نِم يِنْلِسْغا مُهَّللا

O Allah, remove my sins from me as Thou hast removed the East from the West. O Allah purify me from sins as a white garment is purified from filth. O Allah! wash away my sins with snow, water and ice. [Muslim]

My Du'a

Random Act of Kindness

(Examples)

Smile to someone Forgive someone

Say Salam to people you meet

Refrain from back biting

Donate your lunch money Surprise someone with a kind gesture

Control your anger and tongue

Share with someone a dua

Pick up trash & throw in dustbin

Make Dua for your parents/ other family members

Give some food/water to birds or other animals

Assist someone with their chores

Say something nice to someone

Call or message a relative you haven't spoken to in a while

Provide or prepare a drink for someone to break fast

سُبْحَانَ اللهِ الْحَمْدُ لِلهِ اللهُ أَكْبَر

Allah is Most Praise is to Allah Glory is to Allah Great (34 times) (33 times) (33 times)

Recite Ayatul Qursi (Al Baqarah 255), Al Ikhlas (3 times), Al Falaq (3 times), An Nas (3 times) Recite Al Baqarah 285 - 286:

مَنّ رُسُلِهِ آمَنَ الرَّسُولُ بِمَا أُنزِلَ إِلَيْهِ مِن رَّبِّهِ وَالْمُؤْمِنُونَ كُلٌّ آمَنَ

رَبَّنَا وَإِلَيْكَ الْمَصِيرُ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ لَا نُفَرِّقُ بَيْنَ أَحَدٍ

كَنارَفْغ اَنَعطَأو اَنعِمَس اوُلاَقو
اَم اَهيَلَعَو ْتَبَسَك اَم اَهَل اَهَعْسُو ٌلاِإ اًسفَن ُهللا ُفِّلَكُي لا ِلْمْحَت َلاَو اَنَّبَر
اَنْأَطْخَأ ْوَأ اَنيِسَّن نِإ اَنْذِخاَؤُت لا اَنَّبَر ْتَبَسَتْكا اَم اَنْلِّمَحُت َلاَو اَنَّبَر اَنِلْبَق نِم
َنيِذَّلا ىَلَع ُهَتْلَمَح اَمَك اًرْصِإ اَنْيَلَع اَنَلاْوَم َتنَأ اَنْمَحْراَو اَنَل ْرِفْغاَو اَّنَع
ُفْعاَو ِهِب اَنَل َةَقاَط لا َنيِرِفاَكْلا ِمْوَقْلا ىَلَع اَنْرُصناَف

TheMessengerhasbelievedinwhatwas revealedtohimfromhisLord,and[sohave]thebelievers.AllofthemhavebelievedinAllahandHisangelsandHisbooksandHis messengers,[saying],"Wemakenodistinctionbetweenanyof Hismessengers."And theysay,"Wehearandweobey.[Weseek]Your forgiveness,ourLord,andtoYouisthe[final]destination."

Allahdoesnotchargeasoulexcept[withthatwithin]itscapacity.Itwillhave[the consequenceof]what[good]ithasgained, anditwillbear[theconsequenceof]what[evil]ithasearned."OurLord,donotimposeblameuponusifwehaveforgottenorerred.OurLord,andlaynotuponusaburdenlikethatwhichYoulaidupon thosebeforeus.OurLord,andburdenusnotwiththatwhichwehavenoabilitytobear.Andpardonus;andforgiveus;andhavemercyuponus.YouareourprotectorsogiveusvictoryoverthedisbelievingpeopIe."

اَيْحَأو ُتوُمَأ ُمُهَّللا َكِمْساِب

In Your Name , O Allah , I die and I live. [Al Bukhari]

ْتَكَسْمَأ ْنِإَف ،ُهُعَفْرَأ َكِبَو ،يِبْنَج ُتْعَضَو يِّبَر َكِمْساِب ُهْظَفْحَت اَمِب
اَهْظَفْحاَف اَهَتْلَسْرَأ ْنِإَو ،اَهْمَحْراَف يِسْفَن َنيِحِلاَّصلا َكَداَبِع،

With Your Name my Lord, I lay myself down ; and with Your Name I rise . And if You take my soul , have mercy on it , and if You send it back then protect it as You protect Your righteous
slaves. [Al Bukhari, Muslim]

اَهُتاَمَمَ كَلَ ،اَهاَفَّوَتَ تَنْأَو يِسْفَنَ تَقَلَخَ كَنِإ مُهَّللا ،اَهَلْ رِفْغاَفَ اَهَتَمَأَ نْإِو
،اَهْظَفْحاَفَ اَهَتْيَيْحَأَ نْإِ ،اَهاَيْحَمَو َةَيِفاَعَلْا كَلُأْسَأَ يِّنِإ مُهَّللا

O Allah, You have created my soul and You shall take its life. Unto You is its death and its life . If You give it life then protect it , and
if You cause it to die then forgive it. O Allah, I ask You to grant me well-being. [Muslim]

كَداَبِعَ ثُعَبْتَ مَوْيَ كَباَذَعَ يِنِقَ مُهَّللا

“O Allah, save me from Your punishment on the Day that You resurrect Your slaves.” [Abu Dawood]

May Allah accept our effort and deeds; and may He forgive us for any errors that we may have done. Aameen.